

Rosa Hill-Smith Community Center

Debbie Eldredge—Executive Director

Penny Davis—Resident Services Coordinator

MARCH 2021

Sunday, March 14th

Daylight Saving Time Begins.
Turn Your Clock Forward!

I wish you health, I wish you well, and happiness galore.

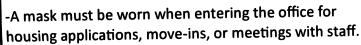
I wish you luck for you and friends; what could I wish you more?

May your joys be as deep as the oceans, your troubles as light as its foam.

And may you find sweet peace of mind, wherever you may roam.

-Irish toast
St. Patrick's Day—March 17

Requirements for Appointments



- -Use hand sanitizer provided.
- -Social distancing must be observed by maintaining six feet of distance between you and others.
- -Please do not come in to conduct business if:
- * You are sick.
- * You have had any of these flu-like symptoms in the last 14 days:
 - -Coughing
 - -Difficulty breathing
 - -Fever over 100°

Your health and well-being is our top priority!





Enjoy a "To-Go" breakfast and a special St. Patrick's Day gift on *Wednesday, March 17th from 7:00 to 10:30 a.m.*



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Thank You!

Alicia Hernandez
Beth Williams
Carson Thompson
Charles Hunt
Craig Davis, Sr.
Danny & Carolyn Cross

Danny & Carolyn CrossDebbie Beavers

Dessie Smith
Donna Wyrick

Grace United Methodist Church
Grayson Co. Health Dept./WIC

James & Sandra Miller

Janis Sauve
Jerry Andrews
Julie Morris
Kim Phelps

Leon Jones Linda Hudson Lisa Harrison Master Key Ministries North Texas Dental

Parkview Church of Christ Progressive Baptist Church Richey & Sylvia Rivers

Robert Pecor

St. Mary's Catholic Church

Sam's Club

Sandra & Shawn Eagleton

Sherrie Brinkley Terri Porterfield Welton Stoker

Western Heights Church of Christ

Residents' Wish List

Baby diapers and pull-ups Baby wipes

Bath bar soap Body lotion

Clothing—children's sizes

Deodorant

Dishwashing Liquid

Household cleaning products

Masks for kids

New mops and brooms

Paper towels

Razors

Shampoo Body wash

Toilet tissue

Toothpaste & Toothbrushes

Washing detergent

Our Recipe Corner . . . Irish Beef Stew

Ingredients:

1 1/4 lbs. well marbled chuck stew meat, cut 1 1/2" chunks

3 teaspoons salt

1/4 cup olive oil

6 garlic cloves, minced

4 cups beef stock or broth

2 cups water

1 cup Guinness extra stout

1 cup hearty red wine

2 tablespoons tomato paste

1 tablespoon sugar

1 tablespoon dried thyme

1 tablespoon Worcestershire

2 bay leaves

2 tablespoons butter

3 lbs. potatoes, cut 1/2" pieces

1 large onion, chopped

2 cups carrots, cut 1/2" pieces

1/2 teaspoon pepper

2 tablespoons chopped parsley

Food Boxes and Care Packages



We would like to give a special thank you to our caring community that has donated food and household supplies to the Housing Authority over the past several months.

The staff and volunteers continue to deliver food boxes and care packages to our residents.

Remember residents, we are here to help. Call the community center at (903) 893-3139 if we can be of any assistance to you or if you need information on local food pantries.

- Sprinkle about a teaspoon of salt over beef pieces. Heat olive oil in 6-8 quart pot. Add the beef in batches to brown all sides.
- Add garlic to the pot with the beef and sauté 30 seconds. Add the beef stock, water, Guinness, wine, tomato paste, sugar, thyme, Worcestershire sauce, and bay leaves. Stir to combine. Bring mixture to a simmer. Reduce heat to the lowest setting, cover and cook at a simmer for one hour. Stir occasionally.
- In a separate pot, melt the butter. Add onions and carrots. Sauté until onions are golden, about 15 minutes. Set aside until the stew has simmered one hour.
- Add the onions, carrots, and potatoes to the beef stew. Add pepper and two teaspoons salt. Simmer uncovered until vegetables and beef are tender, about 40 minutes. Discard bay leaves. Tilt pan to spoon off excess fat. Transfer stew to serving bowls. Add salt and pepper to taste, sprinkle with parsley and serve.

As any Irish person may tell you, use lamb—but we like cooking with beef!



Computer Lab Is Open!

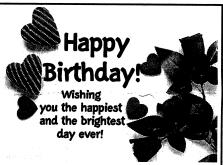
The Community Center Computer Lab is now open by appointment only. Call Penny to schedule a time.

Hey Kids!



March 8—12

Come by the Community Center during this week from 8:00 a.m. to 2:00 p.m. and pick up a snack pack filled with healthy snacks and a juice box.



To all our March Birthdays!

Bonnie Brown Mary Brown **Garry Carrington** Tommy Casey Mary Cowen Marsha Crocker Ethel Dawson Gertie Dinwiddie Carrie Hampton Sandra Hoepfner Destiny Key Brelyn Kevs Ronald Luper Rassia McKinney Kristen Meyer John Neal Colleen Swanson Kathy Thurman Barbara Walthour David Wilson



Wash 'N Go Laundrymats

Two facilities for your convenience. For Scott Circle residents, there is one located at 536 1/2 Scott Circle. The other laundry is next to the community center. The laundries are opened Monday through Friday, 8:00 a.m. to 4:00 p.m.



As a courtesy to others, please clean the area you used. Remember to take all your belongings. Do not leave items, assuming

others may want them. We thank you for your assistance on keeping the laundries clean.

Maintenance Reminder ...

If you have a maintenance emergency after office hours, please call the main number, (903) 893-3139. Leave your name, address, phone number, and the problem you are having and a maintenance mechanic on duty will return your call as soon as possible.

COVID-19 Coronavirus Disease 2019

As this respiratory illness continues to spread within the United States, CDC has recommended additional measures to prevent the spread of the virus.

- -Avoid close contact with people who are sick.
- -Avoid touching your eyes, nose, and mouth with unwashed hands.
- -Wash your hands often with soap and water for at least 20 seconds.
- -Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- -Cover coughs and sneezes.
- -Clean and disinfect frequently touched surfaces.
- -Stay home when you are sick, except to get medical care.
- -Practice social distancing (remaining at least 6 feet away from others).
- -Cover your mouth and nose with a cloth face mask when around others, regardless of whether you have fever or symptoms.

Symptoms of COVID-19 can include: cough, fever, chills, muscle pain, shortness of breath or difficulty breathing, sore throat, and new loss of taste or smell. This is not all possible symptoms. Contact your medical provider for other symptoms that are severe or concerning to you.

For more information on steps you can take to protect yourself, visit cdc.gov/coronavirus.



CENTERS FOR DISEASE'
CONTROL AND PREVENTION

Sherman Housing Authority 2001 N. Hoard Ave. Sherman, TX 75090

Phone: 903-893-3139 Fax: 903-893-9064

Email: deldredge@shermanha.com

pdavis@shermanha.com

Website: www.shermanha.com

Business Office Hours: Monday—Friday 8:00 am to 4:30 pm



FIRST. CLASS



MAILED FROM ZIP CODE 75090

Texas Housing Assn. 1106 Santa Fe Trail, #1 Duncanville, TX 75137

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Movie and Popcorn Day!

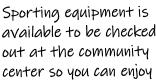




Tuesday, March 8th Noon to 2:00 p.m.

Stop by for popcorn and pick a movie or two for family time!

Add Some Sports Fun to Your Day!



more information.



Celebrate the First Day of Spring

Spring is an amazing season. In one short month, the world will turn from brown to green. There will be colorful flowers everywhere. Blossoms will be on the trees. A person can't help but get the urge to be out and about. Taking a tip from Mother Nature, it's also a good time to sweep away the old and spruce up the new. Spring cleaning, planting a garden, planning an outing, can give a sense of the season.